

# Friday Facts



Week of January 3<sup>rd</sup>, 2019

Contact the Chamber with questions, comments, ideas or information, call **589-1242**,  
e-mail us at [morrismnchamber@gmail.com](mailto:morrismnchamber@gmail.com),  
go to our webpage at [www.morrismnchamber.org](http://www.morrismnchamber.org),  
“Like” us on Facebook (Morris Area Chamber of Commerce).

Call 320-589-1242 or e-mail [morrismnchamber@gmail.com](mailto:morrismnchamber@gmail.com) to have your event listed in Friday Facts. Deadline for submission to next week’s Friday Facts is **Wednesday at NOON**

**If you stopped by Old No. 1 to get your photo taken with Santa on Dec. 21, stop into the Stevens County Times today or tomorrow to grab your FREE photo!**



# Coffee & Cookies & Conversation



Please join us on  
**Friday, January 10th at 9:30 AM**  
Pedersen Funeral & Cremation Service  
101 South Atlantic Avenue, Morris

A licensed funeral director will be available  
to answer questions regarding  
funeral services and planning ahead.

**Refreshments will be served - Door prizes will be given**

**Pedersen**  
Funeral & Cremation Service

101 South Atlantic Avenue • Morris, MN 56267  
Phone: (320) 589-3220 • E-mail: [mail@pedersenfh.com](mailto:mail@pedersenfh.com)

*Sponsored by:*

**Starbuck**  
Funeral Home

106 West 4th Street • Starbuck, MN 56381  
Phone: (320) 239-2343 • E-mail: [mail@pedersenfh.com](mailto:mail@pedersenfh.com)

# 12 Days of Christmas Winners:

Unger's: Joanie Murphy

Just Us: Lori Wiese

Inherit: Ronda Blume

McGinnis: Grant Harding

Eul's: Mark Gunderson

Town & Country: Mike Hanson

Old No. 1: Steve Brandt

B Inspired: Emily Dalen

Heartland: Jerry Logan

Willies: Richard Reimers

John's: Forrest Thielke

\$200 Chamber Cash: Tammy Marquart

Please claim your prizes at the Chamber of Commerce office!

# SUNDAY NIGHT **OPEN GYM BASKETBALL**

Grade 2 – Adults

Tiger Center will be open on Sunday evenings for those interested in shooting hoops or playing pick-up games. Open gym is **free to attend** thanks to generous monthly sponsors!

**SUNDAYS, NOVEMBER 10 – MARCH 8**

**\*No Open Gym on Feb. 2**

**6:00 – 8:00 P.M. TIGER CENTER**

**NOVEMBER SPONSOR**



**MORRIS HEALTH  
SERVICES**

**DECEMBER SPONSOR**

*Craig & Cork Loge*

**JANUARY SPONSOR**



**FEBRUARY SPONSOR**



**Morris Lions Club**

**MARCH SPONSOR**



**STEVENS COMMUNITY  
MEDICAL CENTER**

*Caring is our Reason for Being*

# LABOR, DELIVERY & BEYOND



*Preparing for childbirth & parenting*

Prenatal Health  
Fetal Development  
Stages of Labor  
Labor Techniques  
Comfort Measures  
C-Sections  
Baby Care  
Breastfeeding/Bottlefeeding  
Hospital Tour  
Child Development  
Parenting  
Carseat Safety  
CPR/AED (Adult, Child & Infant)

## CLASSES MONDAYS

6:30-8:30PM

SESSION FEE: \$35

Each session is 5 classes long

- Classes at SCMC meet in the multi-purpose room in the lower level.
- Classes at Ambulance Garage meet in Education & Training Room
- Classes at MAES meet at Elementary school in the ECFE room Pod A.

*These classes are brought to you by the Stevens County Family Service Collaborative which includes, Options for Women, SCMC, Stevens County Ambulance Service and Morris ECFE. If you would like further information or to register, please call Diane Strobel at 320-585-2237. No exclusions for inability to pay. You can also register online through Morris Community Education at [www.morris.k12.mn.us](http://www.morris.k12.mn.us) (go to Community Ed tab, click Online Registration and Labor Delivery class will be in the ECFE link.)*

## REGISTRATION FORM

Please complete this form and send it with your payment to:  
Morris ECFE, 153 S. Columbia Ave., Morris, MN 56267.  
Course No. 6421. Make check payable to Morris ECFE.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Baby's Due Date: \_\_\_\_\_ Phone: \_\_\_\_\_

Class Dates: \_\_\_\_\_ Fee \_\_\_\$35

## 2020 SESSIONS

### WINTER SESSION

Jan. 13 & 20 & 27 @ SCMC

Feb. 3 @ Ambulance Garage

Feb. 10 @ MAES

### SPRING SESSION

April 13, 20 & 27 @ SCMC

May 4 @ Ambulance Garage

May 11 @ MAES

### SUMMER SESSION

July 13, 20 & 27 @ SCMC

Aug. 3 @ Ambulance Garage

Aug. 10 @ MAES

### FALL SESSION

Sept. 28, Oct. 5 & 12 @ SCMC

Oct. 19 @ Ambulance Garage

Oct. 26 @ MAES



[scmcinc.org](http://scmcinc.org)



# **MORRIS AREA HOCKEY**

VARSITY BOYS & GIRLS

## **FISH FRY**

**FRIDAY, JANUARY 10<sup>TH</sup>, 2020**

**5:00 - 7:00 OR UNTIL GONE**

**MORRIS EAGLES CLUB**

## **ALL YOU CAN EAT**

**Alaskan Pollock, Baked Beans,  
Coleslaw, Potato Chips, Fresh Bread,  
Coffee, Milk**

**\$10-Adults • \$6-Ages 6-12 • \$2-5 & under**



## ***Gatherings for Widows and Widowers***

will meet for lunch at noon on Sunday, January 12, in the basement of Old #1 in Morris. Order lunch off the menu and enjoy an opportunity to visit with old friends and meet new ones who are also experiencing life as a widow/widower. For questions call Rose at Pedersen Funeral Home 320-589-3220.

BLU-U®

# An Innovative, Safe & Effective Skin Treatment



Eric J. Lewis, MD, PhD  
Dermatologist



Risa Dorweiler, ANP-BC  
Dermatology Nurse Practitioner

Stevens Community Medical Center is now offering photodynamic therapy (PDT) for the treatment of actinic keratosis (AKs). AKs are a common precancerous skin lesion, which if left untreated, have a potential to develop into potentially serious squamous cell skin cancer. AKs most commonly develop on areas of skin with increased sun exposure and over time as one becomes older.

Photodynamic Therapy (PDT) is a unique treatment for AKs which combines a skin applied, light sensitizing agent (Levulan® Kerastick®), followed by exposure to a specific source of blue light known as Blu-U®. It is especially useful for the efficient treatment of large areas of sun damaged skin, such as the entire upper scalp, face or forearms. It is generally well tolerated and has a good efficacy both for eliminating both visible and invisible AKs.

At SCMC, we encourage you to make annual skin checks and to ask your provider about any questionable areas. Regular skin exams are a key to early detection, when skin cancer may be prevented or most readily treated.

For appointments with Dr. Lewis or Risa Dorweiler call **320-589-7600**.

**Stevens Community Medical Center**  
400 E. First Street | Morris, MN 56267  
320-589-1313

[scmcinc.org](http://scmcinc.org)



**STEVENS COMMUNITY**  
**MEDICAL CENTER**

Caring is our Reason for Being

# FOOTBALL RAFFLE

*Morris Lions*



Week 1: 100\$: Linda Holland  
Week 2: 100\$: Diane Mithun  
Week 3: 100\$: Amy Kehoe  
Week 4: 250\$: Kelly Dumuth  
Week 5: 100\$: Charlie Henricksen  
Week 6: 100\$: Pete Flannery  
Week 7: 100\$: Jansen Borgen  
Week 8: 250\$: Deb Henne  
Week 9: 100\$: Pat Nelson  
Week 10: 100\$: Gina Martin  
Week 11: 100\$: Jerry Laager  
Week 12: 250\$: Donny Wohlers  
Week 13: 100\$: Abby Jo Exner  
Week 14: 100\$: Laura Ehleringer  
Week 15: 100\$: Wendy Riggerberger  
Week 16: 250\$: Gary Hansen  
Week 17: 500\$: Donny Wohlers



EMPOWERMENT OF SELF + SERVICE

# BIO Girls "Emerges" Into Morris FUNdraiser

**FRIDAY • JANUARY 3RD • 5:15PM**  
**FAITH LUTHERAN CHURCH**

BIO (Beautiful Inside & Out!) Girls is coming to our Morris Community Summer 2020! The BIO Girls 12-week program is designed to increase self-esteem in adolescent girls through empowerment of self & service to others.

ELC is hosting a fitness fundraising event to help support the BIO Girls program. Emerge is a class combining Yoga and CrossFit to bring you the greatness of both in ONE!

WHO: We ask that an adult (18+) & kiddo (17 & under) complete this Emerge class together! ALL ages, gender & fitness levels can have success in this class and we encourage you to come ready for a FUN time!

COST: \$20/couple, \$5/additional guest

To Register:

RSVP on the ELC WODHopper <https://syncapp.wodhopper.com/gym/12923>

OR FaceBook Event Page <https://facebook.com/events/478607422860608/?ti=icl>

Contact Mandi Koehntop (320)815-8120 or Cate Schultz (320)304-4559 with any questions!



Prairie Renaissance Cultural Alliance Presents

# **Women's Work [Frauenarbeit]: 25 Black & White Photos of European Women**

**in Traditional Male Professions & Trades**

**Barbara La Vallée, photojournalist**

**January 8 - February 15**

**Reception Thursday, January 9, 5-7 pm**

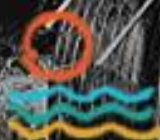
**Prairie Art & Gifts**

**630 Atlantic Ave, Morris MN**

**320-585-5037 | [prca@prairierenaissance.org](mailto:prca@prairierenaissance.org)**

**Gallery hours: Wednesday-Friday 11 am-5:30 pm**

**Saturday 9 am-3 pm**



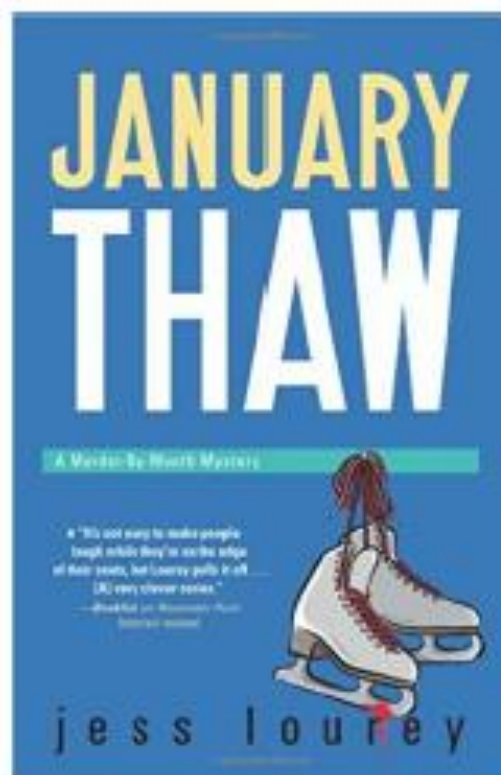
**Lake Region Arts Council**

**"This Activity is funded in part by a grant from the Lake Region Arts Council through a Minnesota State Legislative appropriation."**

# Cozy Book Club

January 9 @ 6:30 p.m.

Morris Public Library.



Pick up a copy  
at the front desk.

# Morris Theatre

**NOW SHOWING!!**



## **JUMANJI: THE NEXT LEVEL**

Friday & Saturday 7:10PM & 9:30PM

Sunday 2:10PM & 7:10PM

Monday – Wednesday 7:10PM



## **IN THE MICRO THEATRE: STAR WARS: THE RISE OF SKYWALKER**

Friday & Saturday 7:00PM & 9:40PM

Sunday 2:00PM & 7:00PM

Monday – Wednesday 7:00PM

Go to [www.morristheatre.net](http://www.morristheatre.net) to purchase tickets online!