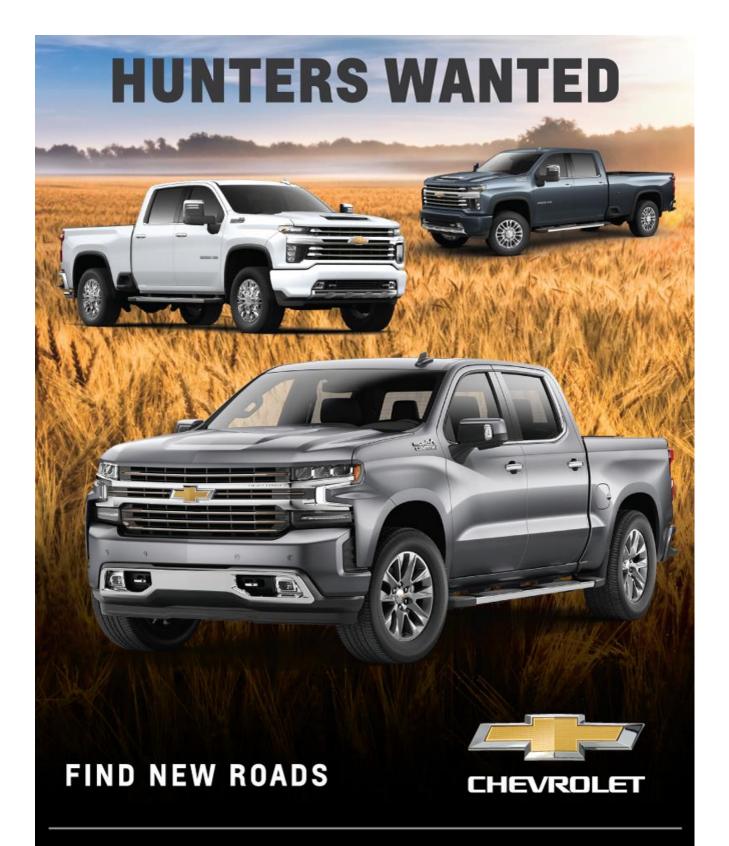
Friday Facts



Week of October 4th, 2019

Contact the Chamber with questions, comments, ideas or information, call **589-1242**,
e-mail us at morrismnchamber@gmail.com,
go to our webpage at www.morrismnchamber.org,
"Like" us on Facebook (Morris Area Chamber of Commerce).

Call 320-589-1242 or e-mail morrismnchamber@gmail.com to have your event listed in Friday Facts. Deadline for submission to next week's Friday Facts is Wednesday at NOON



Heartland.
MORRIS, MN

1 East Hwy 28 Morris MN, 56267 (320) 589-2223

www.heartlandmotor.com



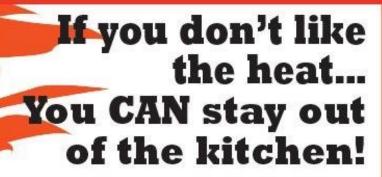
VENDORS ATTENDING THIS EVENT ARE:

-UNSHACKLED CREATIONS -PAMPERED CHEF -NORWEX
-PAPARAZZI JEWELRY -TASTEFULLY SIMPLE
-ROBS SEWING AND REPAIR -KEEP COLLECTIVE -REVITALU
-SPARKLE CUSTOM MADE CRAFTS -CASS APPAREL -PHIPHANY
-PRIMIER DESIGN -THIRTY ONE GIFTS -NIGHT OWEL DESIGNS
-MOTIVES CUSTOM BLENDS -TLS -MN CUSTOMS LLC
-MARY KAY -YOUNG LIVING -J ELIZABETH -PINK ZEBRA
-COLOR STREET -TUPPERWARE -K BOODLES
-MADE-N-PRESS ...AND MORE!

INFORMATIONAL SERVICES ATTENDING THIS EVENT ARE:
-HORIZON PUBLIC HEALTH
-MINNESOTA CHILD CARE PROVIDER INFO NETWORK (MCCPIN)

-For additional information please check out our Morris Fall Fest 2019 Facebook event page-

Made with RosterMyWall.com



Monday, October 7, 4 to 8 PM



Once again this year, our Morris Fire Professionals and your Morris Pizza Ranch, team up together for Fire Prevention for Kids. We will have fire personnel delivering the goods in a fire truck within the city limits of Morris to raise money for this year's event. Call early to schedule your delivery as we will have 4 or 5 teams out delivering.

589-2102

Call 589-2102 and place your order Monday!

Pizza Ranch

7 East 5th Street, Morris (320)589-2102



6:00-7:30pm

\$5.00 per child

Children's Activities

Halloween Crafts Photo Booth Cookie Decorating GAMES

Little pumpkin's work out.

Hot apple cider and

hot cocoa bar

Photo Booth



Wear your Costume

Jace's Pumpkin Shack Pumpkins for sale Caramel Apples \$4.00











Free for Members \$5.00 non-members

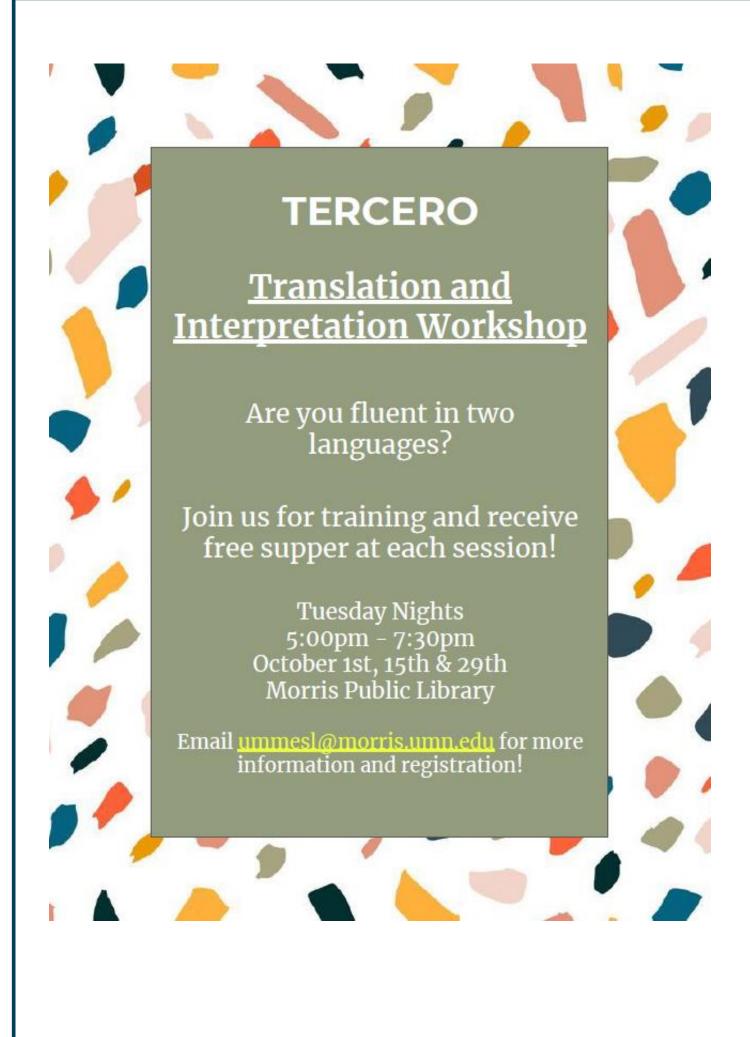
Fall into Fitness

Kickboxing with Suzie 6:00-6:30pm CXWORX Core with Esther 6:30-7:00pm Power step With Elissa 7:00-7:30pm

Come for one or stay for all

Dress in your favorite fitness era





The Big Fall Leaf

In aid of the UMN Morris Symphonic Winds 2021

Ireland-Scotland Tour!

September 25th -October 30, 2019

Take the chore out of tidying your yard this fall & have the Symphonic Winds Students clean-up before the winter weather begins.

Services include:

- ~Front and/or back yard
- ~Leaf clean-up and and bagging
- ~General tidying up
- ~Removal of yard waste

Price starts at \$20. Additional donations are welcomed.

To book contact Simon Tillier at stillier@morris.umn.edu or through the UMN Morris Symphonic Winds Facebook Page!

Come grow with us!

2019 HORTICULTURE DISPLAY GARDEN EVENT

What's Happening to our Evergreen Trees?

While we all love evergreens for their year-round beauty and value as windbreaks, they really do not return the love.

Western Minnesota is not the ideal environment for many evergreens and they show it! This presentation will cover the major challenges with growing arborvitae, douglas-firs, junipers, pines, and spruce in our climate and soils and which ones are best up to the challenge.

Presented by John Ball, Professor of Forestry at South Dakota State University where he also serves as the Extension Forestry Specialist and the state's Forest Health Specialist.



Wed, October 16 12 - 1 pm

Held in AgCountry Auditorium at the West Central Research and Outreach Center
46352 State Hwy 329, Morris, MN
Coffee and tea provided
Admission is free; donations accepted

FOR MORE INFORMATION, visit wcroc.cfans.umn.edu or call 320-589-1711.



University of Minnesota



...don't miss out! 5:00-6:30 pm

New this Year Breakout Sessions 5

- FREE LAB DRAWS
- INFORMATIONAL BOOTHS
- FREE COMMUNITY MEAL

5:00-7:00 pm

FLU SHOTS (Please bring insurance card)

5:30 Is hereditary cancer testing right for you?

6:00 Taking the mask off of mental health & what therapy is

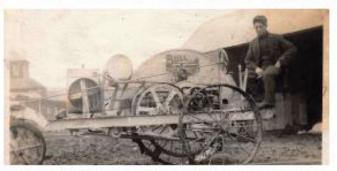
6:30 Skin Health/Skin Cancer Prevention

7:00 Connecting the dots between lifestyle & disease

Together we can make our community a healthick place.





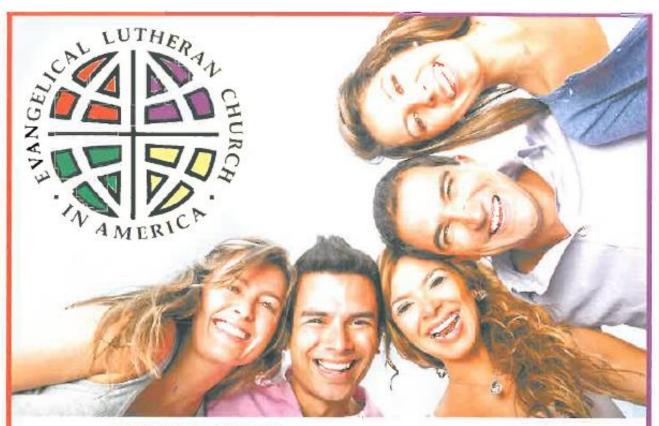


STEVENS COUNTY HISTORICAL SOCIETY & RODNEY A. BRIGGS LIBRARY

TELL YOUR STORY: SORT, DIGITIZE AND DISPLAY A COLLECTION

Want to digitally share family photos? Important letters? Special collections? How do you decide what's important? Come learn how to digitize and share your personal or family collections.

October 19, 2019
9 AM -4 PM
\$15 registration fee (includes lunch)
Stevens County Historical Society and Museum
Register: https://z.umn.edu/tellyourstory2019
Questions?: (320) 589-6164



UPCOMING EVENTS

- Community Service Sunday First and Big Welcome to UMM Students - 9/22 ALL ARE WELCOME!
 8:30AM Worship/Brief Sending Service
 11:30AM Complimentary Picnic Meal - ALL INVITED
- Michael Zoughbi, Palestinian Christian 10/6
- 40th Anniversary Organ Celebration 10/27
- Scandinavian Heritage Dinner 11/06

Awesome volunteer opportunities for your degree plan! Music opportunities: Contemporary Music Worship Team, Bell Choir, Orchestra and Adult Choir Or volunteer at our weekly Sunday School!



OPEN 8AM-8PM EVERY DAY

WORSHIP 9:30AM EVERY SUNDAY

FREE TRANSIT 320-589-1000

TONS OF VOLUNTEER OPPORTUNITIES FOR YOUR DEGREE PROGRAM!

FIRST LUTHERAN CHURCH (ELCA)

200 East 5th St., Morris (320) 589-3242 Check us out online!





ALL PRESCRIPTION & NON-PRESCRIPTION

Must have a valid current prescription

Sale includes polarized lenses, glasses, sunglesses, Cocoons. Excludes: Contact lenses and value packages.. No additional discounts apply. Special available from October 1-21, 2019.

For appointments call 320-589-7673

EYE CLINIC HOURS

Mon - Thur 8:00am - 5:30pm | Fri 8:00am - 1:00pm



EYE CLINIC



scmcinc.org

MORRIS HAPPENINGS

A special meeting on "Prevention of Death by Suicide by our fellow vets" will be held on 10/10/19 @ Legion starting @ 7pm. A speaker from the VA Hospital in St. Cloud will be there. The event is free and is open to the general public.

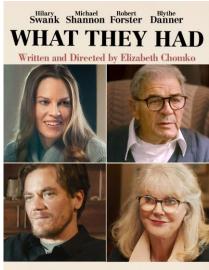
Gatherings for Widows and Widowers will meet for lunch at noon on Sunday, October 13, in the basement of Old #1 in Morris. Order lunch off the menu and enjoy an opportunity to visit with old friends and meet new ones who are also experiencing life as a widow/widower. For questions call Rose at Pedersen Funeral Home 320-589-3220.

The Sons of Norway will meet Sunday October 20 at 2 P.M. At First Lutheran Church, 200 E 5th Street in Morris. This is the annual membership meeting and all are welcome. Program by Rev. Dan Bowman who plays music on the saw and speaks of lessons from the Lefse Catechism. Lunch to follow.

TIGER MOVIE CLUB

If free coffee, a free treat, and a free movie sound good to you, this is the club for you. On the third Tuesday of each month, join us in the Morris Area Elementary School. The movies are shown in the beautiful Concert Hall. The coffee and treats are provided as a gift from Morris Area Community Education. The coffee will be ready at 9:45 a.m. and the movie will be begin at 10:00 a.m. Grab a friend and join us!

October 15: What They Had



UMN Morris Campus Preview October 5-19, 2019

All events are free to attend, unless otherwise noted. For the latest and most complete information, visit <u>events.morris.umn.edu</u>

ERIC VINCENT CONCERT

Enjoy a concert by renowned French songwriter Eric Vincent. Sponsored by Entre Nous, the French Club.

When: Saturday, October 5, 7 p.m. | Where: Student Center, Edson Auditorium

PRIDE OF THE PRAIRIE FARMERS MARKET

Browse local produce and products, and bring home the bounty of the season.

When: Monday, October 7, 2-5 p.m. | Where: Student Center

NANCY ATKINSON PRESENTATION

UMN Morris Alumna Nancy Atkinson will read from her book Eight Years to the Moon: The History of the Apollo Missions. Weather permitting, telescope observations will follow. **When**: Wednesday, October 9, 7:30 p.m. | **Where**: Science 2950 (Auditorium) and Science 4500

PRAIRIE GATE LITERARY FESTIVAL

Aspiring writers and literary enthusiasts will enjoy free public readings, panel discussions, and workshops with nationally and internationally recognized authors:

- Ariel Gordon
- Alan Shapiro
- Sarah Stonich
- Bill Willingham

Full schedule and more at morris.umn.edu/prairie-gate-literary-festival. When: Thursday–Saturday, October 10–12 | Where: UMN Morris Campus

JAM SESSION AT OLD #1

Join the Jazz Ensemble for a public jam session. All musicians are invited to play.

When: Monday, October 14, at 7:30 p.m. | Where: Old #1 Bar & Grill (412 Atlantic Avenue, Morris, MN 56267)

BRIDGES CHORAL CONCERT

Barnesville and Worthington High School Concert Choirs will present a concert on campus.

When: Tuesday, October 15, 6:30 p.m. | Where: Humanities Fine Arts

ERDRICH & CISNEROS POETRY READING

Poets Heid Erdrich and Elena Cisneros will read from their work. Erdrich, this semester's Distinguished Visiting Professor in the Liberal Arts, is the author of seven collections of poetry. Her writing has won fellowships and awards from the National Poetry Series, Native Arts and Cultures Foundation, McKnight Foundation, Minnesota State Arts Board, Bush Foundation, Loft Literary Center, First People's Fund, and other honors. Elena Cisneros is a poet living on the Pine Ridge Indian Reservation. Her first full-length collection of poetry, In the Shadow Country, appeared as this years' Wrolstad Poet from Tavern Books.

When: Tuesday, October 15, 7:30 p.m. | Where: Briggs Library, Lower Level

BRIGGS LIBRARY ASSOCIATES BOOK SALE

Briggs Library Associates will host their Annual Book Sale.

When: Wednesday, October 16, 12–7 p.m., Thursday, October 17, 10–5 p.m. | Where: Student Center, Oyate Hall

FALL PREVIEW DAY

Prospective students and families are invited to experience all that UMN Morris has to offer at this special admissions event.

When: Thursday, October 17, 10 a.m., Friday, October 18, 9:30 a.m. | Where: Humanities Fine Arts

We offer

TELESTROKE >>>

- AVAILABLE 24/7
- CONNECT WITH A NEUROLOGIST IN REAL TIME
- QUICK TREATMENT= LESS BRAIN DAMAGE

WHAT IS TELESTROKE

Telestroke uses video conferencing technology to allow a stroke neurologist from St. Cloud Hospital Stroke Center to evaluate a patient in another hospital, view diagnostic scans and recommend treatment.

Through Telestroke, interventions such as intravenous tissue plasminogen activator (IV tPA) medication can quickly be administered to break up clots. It is considered the first line of treatment for acute ischemic stroke but it must be administered within a

4 1/2 hour window from the onset of symptoms to work best. IV tPA is the only U.S. Food and Drug Administration-approved drug for the treatment of acute ischemic strokes.

Telestroke services, available 24/7, saves valuable time and brain which allows patients to recover quicker and suffer less disability.

Stevens Community Medical Center now provides Telestroke services to patients thanks to a partnership with St. Cloud Hospital Stroke Center.

SCMC WILL BE ABLE TO:

Improving community health with enhanced care for stroke patients

- CONNECT WITH A NEUROLOGIST IN
- **IDENFIFY CEREBROVASCULAR**
- DESCRIBE BEST MEDICAL MANAGEMENT FOR STROKE PATIENTS

STEVENS COMMUNITY

CentraCare"

scmcinc.org ()



Zion Lutheran Church

FALL BAZAAR
Saturday, October 12th
9:00 AM to 1:00 PM

315 South Columbia Morris, Mn

Coffee, homemade rolls & pies
Noon Lunch: Barbeque plate (includes
beverage), Dessert extra

Baked goods, crafts, cards, white elephant, produce and much more!



Preparing for childbirth & parenting

Prenatal Health
Fetal Development
Stages of Labor
Labor Techniques
Comfort Measures
C-Sections
Baby Care
Breastfeeding/Bottlefeeding
Hospital Tour
Child Development
Parenting
Carseat Safety

CLASSES MONDAYS 6:30-8:30PM SESSION FEE: \$35

Each session is 5 classes long

- Classes at SCMC meet in the multi-purpose room in the lower level.
- Classes at MAES meet at Elementary school in the ECFE room Pod A.

UPCOMING 2019 SESSIONS

FALL SESSION

Sept. 30, Oct. 7 & 14 @ SCMC Oct. 21 & 28 @ MAES

These classes are brought to you by the Stevens County Family Service Collaborative which includes Options for Women, SCMC, Stevens County Ambulance Service and Morris ECFE. If you would like further information or to register, please call Diane Strobel at 320-585-2237. No exclusions for inability to pay.

REGISTRATION FORM

Adult, Child & Infant CPR/AED

Please complete this form and send it with your payment to: Morris ECFE, 153 S. Columbia Ave., Morris, MN 56267. Course No. 6421. Make check payable to Morris ECFE.

Name:	
Address:	
Baby's Due Date:	. Phone:
Class Dates:	





April 17:	The Notion of Philanthropy - Rebecca Petersen, WCI Family Service Center, 715 11th St. North, Moorhead, MN
May 15:	Discussion on Working with Your Board of Directors Glenwood State Bank, 1st Floor Meeting Room, 2221 S. Broadway, Alexandria, MN (PLEASE PARK IN BACK)
June 19:	Social Media and Nonprofits - Sheri Holm, WCI Wilkin County Community Room, 505 8th St. South, Breckenridge, MN
July 17:	Grant Writing Basics - Joe Pederson & Holly Witt Morris Public Library, 102 E. 6th St., Morris, MN
August 21:	Federal Staff Nonprofit Updates Lakes Country Service Cooperative, 1001 E. Mount Faith, Fergus Falls, MN
September 18:	Civic Engagement/Advocacy - MN Council of Nonprofits Essentia Health, 1027 Washington Ave., Detroit Lakes, MN
October 16:	State Legislators Nonprofit Updates Family Service Center, 715 11th St. North, Moorhead, MN
November 20:	The Notion of Philanthropy - Rebecca Petersen, WCI Lakes Country Service Cooperative, 1001 E. Mount Faith, Fergus Falls, MN

Sponsored by:

Minnesota Council of Nonprofits and Lakes Country Service Cooperative

Contact Info:

Holly Witt - hwitt@lesc.org

Joe Pederson - jpederson@minnesotanonprofits.org





Morris Community Meals FALL 2019

Join us for this delicious meal! Everyone is Welcomce.

Monday, September 30th
Located at Faith Lutheran Church

Located at Faith Lutheran Church
108 West 8th Street, 5:30 - 7:30 PM
Sponsored by Bremer Bank, Conway Dueth and Schmiesing,
MinnWest Finance, State Farm Insurance by Paul LeTendre
Volunteer Group: UMM Cougar Women's Volleyball

Monday, November 4th

Located at Faith Lutheran Church
108 West 8th Street, 5:30 - 7:30 PM
Sponsored by Bonanza Bean, LLC, Community Development Bank,
and Hometown Flooring & Blinds
Volunteer Group: America Indian Science and Engineering Society
(AISES), Circle of Nations Indian Association (CNIA), First









CDS
CONWAY, DEUTH & SCHMIESING

CONWAY, DEUTH & SCHMIESING

CONWAY, DEUTH & SCHMIESING

Community Bremer StateFarm
Bank, ISB

Volunteers always welcome to join! Meal preparation happens Sunday 2-8 PM and Monday 2-9 pM If you are interest in volunteering or having your business co-sponsor email engagmnt@morris.umn.edu

Morris Theatre

NOW SHOWING OCTOBER $4^{TH} - 10^{TH}$



JOKER
Friday & Saturday 7:00PM & 9:20PM

Sunday 2:00PM & 7:00PM Monday – Thursday 7:00PM



HELD OVER IN THE MICRO: ABOMINABLE

Friday & Saturday 7:10PM & 9:10PM Sunday 2:10PM & 7:10PM Monday – Thursday 7:10PM

Go to www.morristheatre.net to purchase tickets online!